



2014-2015 Co-League Champions

Coach: Sallie Kane

Captain : Ariana Reyes

**Co-Captain : Leslie Marquez
and Viviana Vasquez**



Our Goal

There is no love in tennis but when it comes to the Bell High School Tennis Team there is a strong loving family. As we all say, "Ohana!" Throughout the seasons we encourage each other to try our best and work together to improve. This year our goal is to be League Champions and through our effort and dedication, we know we can achieve it. We expect each other to give our 100% to insure victories and our mentality is always positive and ready for a slice, spin or volley from our opponent. Like a family we have fun, we lose together and are happy with every win and lesson we learn. We know this year will be great!

A Typical Day

During our season time, (Summer-Mid-November) we are expected to stay afterschool; usually anywhere from 4:00 to 4:30. During practice we do drills, rigorous warm-ups, exercise and work on becoming better. During our off-season from November until summer, we prepare for next year and are not required to stay afterschool. Some girls join other sports or classes for the remainder of the year.

Tennis Try-Outs

This 2015-2016 school year, tennis try-out will be on June 10th, 2015. Don't forget to fill out an emergency card and bring work-out clothes! Be ready to show us what you got!

Tennis Clinics

Before try-outs, the tennis team holds a six-week or eight-week clinic in which girls that would like to learn how to play tennis and would like to be in the team attend.

Clinics are on Tuesdays:

PD Tuesdays- 2:00 p.m. -4:00 p.m.

Regular Tuesdays- 2:45 p.m. - 4:45 p.m.

Game Schedule

This year's schedule will be coming soon. Don't forget to come and support us!

Need More Information?

Stop by the Girl's PE office and ask for Mrs. Kane.

Thank you for visiting!